# INTELLECTUAL AND DEVELOPMENTAL DISABILITY WAIVER PROGRAM

IF YOU HAVE A LOVE ONE DIAGNOSED with an Intellectual or Developmental Disability (IDD), there is help. The West

Virginia Title XIX Waiver program was created to provide assistance for people who have been diagnosed with intellectual and developmental disabilities.



The goal of the IDD program is to help clients reach their highest level of independence. Through activities and training, as well as ongoing support and guidance, clients gain confidence in their day-to-day lives. We believe that our clients should be encouraged to identify and pursue their own personal hopes and dreams.



### **Always People First**

Services are always person-centered, which means that IDD clients and their families are an integral part of the planning process. When families and clients participate in the process, they are more likely to achieve the goals they set.

# **Shaping Your Plan**

Once you're accepted into the waiver program, you'll be introduced to your case manager. An assessment will help us determine what services would be most helpful for you. Families are always involved in the planning process, and we encourage them to make choices that feel right for them.

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### **Coordinated Services**

Having a case manager means you don't have to coordinate services or start over with different people every time. And, if you have problems or questions, your case manager will help you find answers. There will be several specialists working behind the scenes to ensure you have the best care. We've found that a team approach is especially beneficial for IDD clients.

**Daily Living Skills and Behavior Support** 

Your plan, called an individual habilitation plan, will include goals for the IDD client and the steps needed to achieve those goals. Behavior support professionals work with clients on communication skills, independent living, self-care, safety, and socialization. Your support Behavior support specialists work with clients on communication skills, independent living, self-care, safety, and socialization.

team will also help you establish guidelines for behavior modification and positive behavior encouragement.

Behavior support specialists will also teach you how to carry out day to day activities that are designed to enhance learning and confidence in the IDD client. Parents and caregivers of IDD clients will also learn how to document progress to determine the effectiveness of their plans. Families often want their IDD loved ones to remain at home, so many services take place there. Other places where we help include community centers and job sites. By spending time in various settings, clients become more accustomed to routines that will enhance their lives.

## **How to Apply**

Acceptance in West Virginia's IDD waiver program is determined by several factors, including medical need, financial need and proof of residency in West Virginia. Applicants must be at least 3 years old to qualify for waiver services. Medical eligibility requirements include a diagnosis of intellectual disability with concurrent substantial deficits manifested prior to age 22; or a related condition that constitutes a severe and chronic disability with concurrent substantial deficits manifested prior to age 22.

Applications can be found at https://dhhr.wv.gov/bms/Programs/WaiverPrograms.